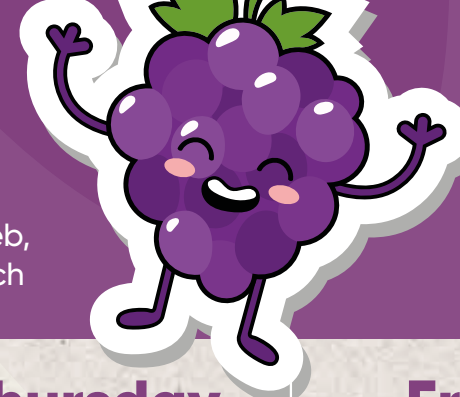


Twelve 15

Week 1

Autumn/Winter 2023/24 Menu

Weeks Starting:
30th Oct, 20th Nov,
11th Dec, 15th Jan, 5th Feb,
4th March and 25th March



Monday

Option 1



Cheese and
Tomato Pizza
with Pasta Salad

Vegetarian

Option 2



Cheese and
Tomato Pasta

Option 3

School's Choice

Tuesday

Option 1

Beef and
Vegetable
Pasta Bake

Option 2



Sweet Potato
Whirl with
Potato Crispers

Option 3

School's Choice

Wednesday

Option 1

Roast Chicken
with Roast Potatoes
and Gravy

Option 2



Quorn Sausage
with Roast Potatoes
and Gravy

Option 3

School's Choice

Thursday

Option 1

Spanish
Chicken
with Rice

Option 2



Meat Free
Bolognese
with Pasta

Option 3

School's Choice

Friday

Option 1

Harry Ramsden's
Fish with
Oven Chips

Option 2



Cheese and
Onion Slice with
Oven Chips

Option 3

School's Choice



Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:



Chef's
Shortbread

Dessert:



Fruit
Yoghurt

Dessert:



Chef's
Flapjack

Dessert:



Toffee Apple
Crumble with Custard

Dessert:



Mandarin
Jelly



Vegetarian



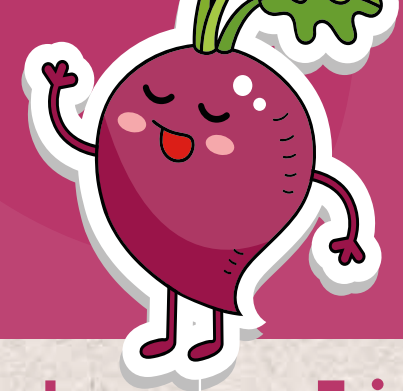
Contains a minimum of 50% fruit

Twelve 15

Week 2

Autumn/Winter 2023/24 Menu

Weeks Starting:
6th Nov, 27th Nov,
1st Dec, 22nd Jan,
19th Feb and 11th March



Monday

Option 1



Pasta Twists
with Tomato Sauce

Tuesday

Option 1

Pork Sausages with
Creamy Potato and
Gravy

Wednesday

Option 1

Roast Gammon
with Roast Potatoes
and Gravy

Thursday

Option 1

Spaghetti
Bolognese

Friday

Option 1

Fish Fingers
with Oven
Chips



Vegetarian

Option 2



Bombay Beans and
Cheese Topped
Potato Crisps

Option 2



Meat Free
Sausages with Creamy
Potato and Gravy

Option 2



Meat Free
Lattice Slice with Roast
Potatoes and Gravy

Option 2



Bean
Burrito
with Salad

Option 2



Meat Free
Hot Dog with
Oven Chips

Option 3

School's Choice

Option 3

School's Choice

Option 3

School's Choice

Option 3

School's Choice

Option 3

School's Choice

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables,
Salad Bar and Fresh Bread

Dessert:

Shortbread Biscuit
with Fresh Fruit Slices

Dessert:

Fruit
Yoghurt

Dessert:

Raspberry Ripple Vanilla
Ice Cream Sponge Roll

Dessert:

Chocolate Pear Sponge
with Custard

Dessert:

Butterscotch
Tart



Vegetarian



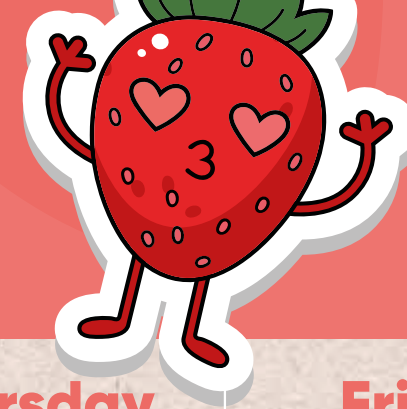
Contains a minimum of 50% fruit

Twelve15

Week 3

Autumn/Winter 2023/24 Menu

Weeks Starting:
13th Nov, 4th Dec,
8th Jan, 29th Jan,
26th Feb and 18th March



Monday

Option 1



Chef's choice of Pasta

Vegetarian

Option 2



Chef's choice of Pasta

Option 3

School's Choice

Tuesday

Option 1

Beef Burger in a Bun with Oven Chips

Option 2



Meat Free Burger in a Bun with Oven Chips

Option 3

School's Choice

Wednesday

Option 1

Roast Chicken with Roast Potatoes and Gravy

Option 2



Cauliflower and Broccoli Cheese with Roast Potatoes and Gravy

Option 3

School's Choice

Thursday

Option 1

Keralan Chicken and Butternut Squash Curry with Rice

Option 2



Keralan Spinach and Butternut Squash Curry with Rice

Option 3

School's Choice

Friday

Option 1

Harry Ramsden's Fish with Oven Chips

Option 2



Vegan Nuggets with Oven Chips

Option 3

School's Choice

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Sides:

Seasonal Vegetables, Salad Bar and Fresh Bread

Dessert:



Fruit Yoghurt

Dessert:



Apple Sponge with Custard

Dessert:



Vanilla Ice Cream

Dessert:



Peaches with Custard

Dessert:



Chocolate Cookie



Vegetarian



Contains a minimum of 50% fruit