

Well-being - books about feelings/worries/anxiety

How Big Are Your Worries Little Bear? by Jayneen Sanders

KS1/FS <https://www.youtube.com/watch?v=m2eLPah7fDs>

The Colour Monster Anna Llenas

KS1/FS <https://www.youtube.com/watch?v=Ih0iu80u04Y>

While we can't hug Eoin Mclaughlin

KS1/FS <https://www.youtube.com/watch?v=tarq5nkkG1k>

Ruby's worry Tom Percival

KS1/FS <https://www.youtube.com/watch?v=LWS0Q5oCUNE>

The huge bag of worries Virginia Ironside

KS1/FS <https://www.youtube.com/watch?v=NbcswBYnmeQ>

Too many pants Ruth Drury

KS1/FS <https://www.youtube.com/watch?v=FFXrnREQWAQ>

Everybody worries

KS1/FS <https://en.calameo.com/read/000777721945cfe5bb9cc...>

I'm calm by Jayneen Sanders

KS1/FS <https://e2epublishing.info/im-calm-uk-english-version>